

## **Young Players Skating Clinic, For ages: 5 - 8**

**... Minimal Experience Necessary**

**Friday, April 2<sup>nd</sup>, 9:00 – 10:30 a.m., Lakeshore Arena**

1.5 hours of Skating Instruction, For: Young skaters that want to learn.

**From: Strong Hockey, Jim Armstrong and Staff**

**Focus On: How to Stop and Start, Turning – Improving Balance, Coordinating all of my body in the same direction, Longer Strides, Forwards + Backwards, Carrying the Puck, Building Confidence.**

**Strong Hockey Background:** We have been teaching young skaters skills improvement for the past 11 years. Visit us at: [www.StrongHockey.com](http://www.StrongHockey.com)

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